



107
SERVINGS



SHELF LIFE
UP TO 5 YEARS

Product good for up to 5 years when unopened. Best when stored in a cool, dry and dark place at temperatures between 55°F and 70°F. Actual shelf life may vary based on individual storage conditions.

FOOD STORAGE
EMERGENCY
EVERYDAY FOOD

Freeze-Dried Shredded Colby Jack Cheese

Nutrition Facts	
Serving Size: 1 Tbsp (8g) Dry	
Servings Per Container: 107	
Amount Per Serving	
Calories 30	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 2g	
Vitamin A 2%	Vitamin C 0%
Calcium 6%	Iron 0%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbs 4 • Protein 4	

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SERVINGS	CHEESE	WARM WATER
4	1/4 Cup	1/4 Cup
8	1/2 Cup	1/2 Cup
16	1 Cup	1 Cup

DIRECTIONS:

1. Remove oxygen absorber and discard.
2. Soak freeze-dried cheese in warm for 15 to 20 minutes.
3. Drain excess water.

Refrigerate hydrated cheese as you would any dairy product. Unused freeze-dried cheese does not require refrigeration.

INGREDIENTS: Colby cheese (pasteurized milk, cheese cultures, salt, enzymes, annatto [vegetable color], may contain cellulose to prevent caking, may contain calcium propionate as a preservative).

CONTAINS ALLERGEN: Milk.

Contains oxygen absorber.
Discard immediately upon opening.